

COACHING RESUME

NAME: Mark Devin Shepherd, M.D., F.A.C.E.

ORGANIZATION: Champions for Life Multisport, LLC
Tupelo, Mississippi

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EDUCATION:

Oral Roberts University, Tulsa, OK. 1978-82
B.S., Biomedical chemistry (Summa cum laude)

Emory University University School of Medicine, Atlanta, GA 1982-86
M.D. (Magna cum laude)

GRADUATE TRAINING:

Residency, Combined Internal Medicine-Pediatrics Program 1986-90
Vanderbilt University Affiliated Hospitals, Nashville, TN.

Fellowship, Clinical Endocrinology and Metabolism 1991-93
59th Medical Wing, Wilford Hall Medical Center
Lackland AFB, TX.

Research Fellowship, Diabetes Division, University of Texas 1991-93
Health Science Center, San Antonio, TX.

COACHING CERTIFICATION:

USA Trathlon Level I Coaching Certification, USA Triathlon, 2010-present
Austin, TX, Nov 2009.

PROFESSIONAL EXPERIENCE:

Resident Physician, Vanderbilt University Hospital, 1986-90
Nashville, TN. (Specialty training in Internal Medicine and
Pediatrics, patient care, teaching)

Staff Internist/ Pediatrician, 47th FTW Hospital 1990-91
Laughlin AFB, TX. (Director of Ambulatory and Emergency
Services, patient care, quality management)

Fellow, Endocrinology and Metabolism, 59th Medical Wing, 1991-93
Wilford Hall Medical Center, Lackland AFB, TX.
(Subspecialty training in endocrinology, patient care,
consultation services, teaching, clinical research)

Research Fellow, Diabetes Division, University of Texas Health Science Center, San Antonio, TX. (Clinical research in carbohydrate and lipid metabolism) Senior Investigator: Ralph A. DeFronzo, M.D.	1991-93
Director, Diabetes Care Center and Metabolic Research Unit, Staff Endocrinologist, 60th Medical Group, David Grant Medical Center, Travis AFB, CA. (Patient care, consultation services, teaching, clinical research, administrative)	1993-96
Medical Director and Clinical Endocrinologist (Adult and Pediatric), Endocrinology Consultants, PLLC Founder and Director, Diabetes, Lipid and Metabolism Institute of Mississippi (Patient care, consultation services, clinical research, resident and professional education, administrative)	1996-present

AHLETIC EXPERIENCE:

High School: DuPont High School, Hermitage, TN Football (All-City, 1976-77, Nashville, TN; co-captain 1977) Track and Field (School record holder: 100, 220, 440 relay, 880 relay, Mile relay)	1975-1978
College: Division I Track and Cross-Country, Oral Roberts University	1979-1981
Age group runner (distances: 5K- ultramarathon)	1978-present
Age group triathlete (distances: sprint- Ironman)	1988-present

COACHING EXPERIENCE:

Champions for Life Multisport (comprehensive coaching services for triathletes and other endurance athletes)	2010-present
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MILITARY SERVICE:

United States Air Force Reserves	1982-1996
Extended Active Duty	1990-1996
Honorable Discharge	1996

CERTIFICATION AND LICENSURE:

USAT Level I Coaching Certification	2010-present
Diplomate, American Board of Medical Examiners	1987
Diplomate, American Board of Internal Medicine General Internal Medicine	1990
Endocrinology, Diabetes, and Metabolism	1993
Diplomate, American Board of Pediatrics	1990
State Licensure, Mississippi (No.14824)	1996-present
Healthcare provider, American Heart Association	1986-present

PROFESSIONAL AND SCIENTIFIC SOCIETIES:

American College of Endocrinology, Fellow	1994
American Association of Clinical Endocrinologists, Member	1991
American College of Physicians, Member	1990

American Academy of Pediatrics, Fellow	1990
American Heart Association, Member, Professional Section	1996
American Diabetes Association, Professional Member	1993
The Endocrine Society, Member	1991
Alpha Omega Alpha Medical Honor Society; Member and Former President, Georgia Beta Chapter (Emory University)	1981

AWARDS AND HONORS:

ATHLETIC

Silver medalist (USAF triathlon team), U.S. Military National Triathlon Championships, Boulder City, NV	1992
Finisher and member of USAF triathlon team, Hawaii Ironman Triathlon World Championship, Kona, HI	1995
Bronze medalist, Comrades Marathon (90 km), South Africa	1996
Finisher, Vineman Ironman Triathlon, Santa Rosa, CA	1997
Finisher, L'Tape du Tour (Tour de France), Limoges, France	2004
Qualifier and finisher, Boston Marathon	2005, 2006
Finisher, Quelle Challenge Ironman Triathlon, Roth, Germany	2006
Finisher, Ironman Florida Triathlon, Panama City Beach, Florida	2007
Finisher, Ironman Couer D'Alene Triathlon, Couer D'Alene, Idaho	2009

ACADEMIC

Alpha Epsilon Delta Premedical Honor Society	1981
Beta Beta Beta Biological Honor Society	1981
Lange Medical Student Excellence Award	1983, 1984
Alpha Omega Alpha Honor Medical Society	1985
David Grant Medical Center Family Practice Instructor of the Year	1995
Best Doctors in America	2001-present

MILITARY

National Defense Service Medal	1991
Air Force Commendation Medal	1991
Air Force Longevity Medal	1994

COMMUNITY

Eagle Scout, Boy Scouts of America	1974
Ceiba-Geigy Community Service Award	1984
Diabetes Society of Solano County Community Service Award	1995
American Heart Association Mississippi Affiliate Champion of Heart Friend	1997